***Kidney white beans***

White kidney beans are a protein-rich starchy vegetable, full of vitamins, minerals and an excellent source of dietary fiber. Adding them to your diet offers a variety of health benefits such as promoting digestive health and preventing heart disease. White kidney beans are large and squared at the edges, unlike smaller white beans, such as navy beans.

***Specifications***:

180/200 or 180/200 beans for each 100 gram

***packing***

In bags 25 k.g . Container 20 fet , 23 ton of kidney white beans